

MAGNUM SERIES

MG-921-06 LAT PULLDOWN
 MG-FS921-06 LAT PULLDOWN (FREE-STANDING)



MG-921-06



MG-FS921-06

PROPER USAGE

- 1 Do not exceed weight limits of the exercise device.
- 2 If applicable, set safety stops to appropriate height.
- 3 If applicable, adjust seat pads, leg pads, foot pads, range of motion adjustment, or any other type of adjustment mechanisms to a comfortable start position. Make certain that the adjusting mechanism is fully engaged to prevent unintentional movement and to avoid injury.
- 4 Sit on bench (if applicable) and get into appropriate position for exercise.
- 5 Exercise using no more weight than you can safely lift and control.
- 6 In a controlled manner, perform exercise.
- 7 Return weight to its fully-supported start position.

WARRANTY

Valid in North America only	
Frame (not coatings) *	10 years
Weight stacks	5 years
Pulleys	5 years
Pivot bearings	5 years
Any items not specified	3 years
Labor (excludes upholstery/cables/grips)	3 years
Upholstery/cables/grips/springs	1 year

* Frame is defined as the welded metal base of the unit and does not include removable parts.

MAINTENANCE CHECKLIST

ACTION	FREQUENCY
Clean Upholstery *	Daily
Inspect Cables	Daily
Clean Guide Rods	Monthly
Inspect Hardware	Monthly
Inspect Frame	Bi-Annually
Clean Machine	As Needed
Clean Grips *	As Needed
Lubricate Guide Rods †	As Needed

* Upholstery & Grips should be cleaned with a mild soap and water or a non-ammonia based cleaner.

† Guide rods should be lubricated with Teflon based lubricant. Apply the lubricant to a cotton cloth and then apply up and down the guide rods.

PRODUCT SPECIFICATIONS

TECH SPECS	
Maximum User Weight	159 kg / 350 lbs.
Maximum Training Weight	150.6 kg / 332 lbs.
Product Weight	MG-921-06 226 kg / 499 lbs. MG-FS921-06 227 kg / 500 lbs.
Overall Dimensions	(L x W x H)* MG-921-06 129 x 72 x 233 cm / 51" x 28" x 92" MG-FS921-06 137 x 72 x 233 cm / 54" x 28" x 92"
Weight Horn Diameter (Weight Plate Storage)	47.63 mm / 1.875"

* Ensure a minimum clearance width of 914 mm / 36" for access to and passage around MATRIX strength equipment.

IMPORTANT SAFETY INFORMATION

It is the sole responsibility of the purchaser of MATRIX products to instruct all individuals, whether they are the end user or supervising personnel on proper usage of the equipment.

It is recommended that all users of MATRIX exercise equipment be informed of the following information prior to its use.

Do not use any equipment in any way other than designed or intended by the manufacturer. It is imperative that MATRIX equipment be used properly to avoid injury.

INSTALLATION

1. **STABLE AND LEVEL SURFACE:** MATRIX exercise equipment must be installed on a stable base and properly leveled.
2. **SECURING EQUIPMENT:** Manufacturer recommends that all stationary MATRIX strength equipment be secured to the floor to stabilize equipment and eliminate rocking or tipping over. This must be performed by a licensed contractor.

All anchor points must be able to withstand 750 lbs. (3.3 kN) pull-out force.

MAINTENANCE

1. **DO NOT** use any equipment that is damaged and or has worn or broken parts. Use only replacement parts supplied by your country's local MATRIX dealer.
2. **MAINTAIN LABELS AND NAMEPLATES:** Do not remove labels for any reason. They contain important information. If unreadable or missing, contact your MATRIX dealer for a replacement.
3. **MAINTAIN ALL EQUIPMENT:** Preventative maintenance is the key to smooth operating equipment as well as keeping your liability to a minimum. Equipment needs to be inspected at regular intervals.
4. Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so. MATRIX dealers will provide service and maintenance training at our corporate facility upon request.

ADDITIONAL NOTES

This equipment should only be used in supervised areas where access and control is specifically regulated by the owner. It is up to the owner to determine who is allowed access to this training equipment. The owner should consider a user's: degree of reliability, age, experience, etc.

This training equipment meets industry standards for stability when used for its intended purpose in accordance with the instructions provided by the manufacturer.

This training equipment is in compliance with EN 957-1 and the relevant portions of EN 957-2 and EN 957-4.

WARNING

DEATH OR SERIOUS INJURY CAN OCCUR ON THIS EQUIPMENT. FOLLOW THESE PRECAUTIONS TO AVOID INJURY!

1. Keep children under the age of 14 away from this strength training equipment. Teenagers must be supervised at all times while using this equipment.
2. This equipment is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the equipment by a person responsible for their safety.
3. All warnings and instructions should be read and proper instruction obtained prior to use. Use this equipment for its intended purpose ONLY.
4. Inspect the machine before use. **DO NOT** use machine if it appears damaged or inoperable.
5. Do not exceed weight capacity of this equipment.
6. Check to see that the selector pin is completely inserted into the weight stack.
7. **NEVER** use the machine with the weight stack pinned in an elevated position.
8. **NEVER** use dumbbells or other means to incrementally increase the weight resistance. Only use the means provided directly from the manufacturer.
9. Injuries to health may result from incorrect or excessive training. Cease exercise if you feel faint or dizzy. Obtain a medical exam before beginning an exercise program.
10. Keep body, clothing, hair, and fitness accessories free and clear of all moving parts.
11. Adjustable stops, where provided, must be used at all times.
12. When adjusting any adjustable mechanism (stop position, seat position, pad location, range of motion limiter, pulley carriage, or any other type), make certain that the adjustable mechanism is fully engaged prior to use to prevent unintended motion.
13. Manufacturer recommends that this equipment be secured to the floor to stabilize and eliminate rocking or tipping over. Use a licensed contractor.
14. If equipment is **NOT** secured to floor: **NEVER** allow resistance straps, ropes or other means to be attached to this equipment, as this may result in serious injury. **NEVER** use this equipment for support during stretching, as this may result in serious injury.
15. **DO NOT REMOVE THIS LABEL. REPLACE IF DAMAGED OR ILLEGIBLE.**

General Selectorized

WARNING

DO NOT USE equipment if not properly secured to floor.

Manufacturer requires that this equipment be secured to the floor to stabilize and eliminate rocking or tipping over. Use a licensed contractor.

WARNING

AVOID ATTACHING HEAVY BARS OR ACCESSORIES