



PROPER USAGE

1. Do not exceed weight capacity of this equipment.
2. Exercise using no more weight than you can safely lift and control.
3. In a controlled manner, perform exercise.
4. Return weight to its fully-supported start position.

MAINTENANCE CHECKLIST

ACTION	FREQUENCY
Inspect Hardware	Monthly
Inspect Frame	Bi-Annually
Clean Machine	As Needed

PRODUCT SPECIFICATIONS

MG-MOPT13	
Maximum Training Weight	88.5 kg / 195 lbs
Product Weight	9.5 kg / 21 lbs
Overall Dimensions (L x W x H)	67 x 21 x 19.5 cm / 26.3 x 8.3 x 7.7"

IMPORTANT SAFETY INFORMATION

It is the sole responsibility of the purchaser of MATRIX products to instruct all individuals, whether they are the end user or supervising personnel on proper usage of the equipment.

It is recommended that all users of MATRIX exercise equipment be informed of the following information prior to its use.

Do not use any equipment in any way other than designed or intended by the manufacturer. It is imperative that MATRIX equipment be used properly to avoid injury.

MAINTENANCE

1. DO NOT use any equipment that is damaged and or has worn or broken parts. Use only replacement parts supplied by your country's local MATRIX dealer.
2. MAINTAIN LABELS AND NAMEPLATES: Do not remove labels for any reason. They contain important information. If unreadable or missing, contact your MATRIX dealer for a replacement.
3. MAINTAIN ALL EQUIPMENT: Preventative maintenance is the key to smooth operating equipment as well as keeping your liability to a minimum. Equipment needs to be inspected at regular intervals.
4. Ensure that any person(s) making adjustments or performing maintenance or repair of any kind is qualified to do so. MATRIX dealers will provide service and maintenance training at our corporate facility upon request.

ADDITIONAL NOTES

This equipment should only be used in supervised areas where access and control is specifically regulated by the owner. It is up to the owner to determine who is allowed access to this training equipment. The owner should consider a user's: degree of reliability, age, experience, etc.

This training equipment meets industry standards for stability when used for its intended purpose in accordance with the instructions provided by the manufacturer.

This equipment is for indoor use only. This training equipment is a Class S product (designed for use in a commercial environment such as a fitness facility).

This training equipment is in compliance with EN ISO 20957-1:2013 and EN 957-2:2003.

WARRANTY

For North America, please visit matrixfitness.com for warranty information along with warranty exclusions and limitations.